

Dealing with Cyber Bullying

Talk



- ① Talk to your children about social media. If there is a problem with cyberbullying, remind your child that it is not their fault.

Ignore



- ② Encourage your child not to reply to unwanted messages. Do not reply on their behalf.



Report

- ⑤ If problems persist speak to school and in serious situations, speak to the guards.



Copy

- ③ Keep a copy of content by taking screen shots.



Block

- ④ Block the sender/remove them as a friend.

